



FITDigit

A Green Future in the Digital World - *FitDIGIT*

[2022-1-FR01-KA220-SCH-000084947]

*Educational materials for teachers
and exemplary lessons for pupils
based on story telling (5)*

*How local initiatives help to fight
trash production locally*

**Project Result 1
Digital stories for Environmental Education-Handbook
Authors: Aksantys Team**

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Introduction

“A Green Future in the Digital World” is an Erasmus+ project designed especially to support the innovative digital educational curricula supporting environmental and digital education in schools all around Europe. Implemented by six partners, it gives a strong educational boost to support sustainable green environmental awareness.

One part of the project (WP3) was designed to create interdisciplinary pedagogical models and educational tools to help teachers and their pupils to gain cognitive skills in environmental change with “real life” applications. As a result, a huge bunch of educational materials has been created, which are divided into two parts:

Part 1. Digital Stories for Environmental Education.

Part 2. E-coding curriculum for Environmental Education.

This Handbook is the 1st element of the first part of the educational materials, and it provides insightful and innovative information about the local initiatives to help to fight climate change in cities.

These educational materials are divided into the following parts:

- Theoretical part - presenting theoretical materials on how cities can help combatting negative effects of climate change- for teachers;
- Practical part - presenting local initiatives mitigating the negative effect of climate change in cities. This is a story telling exercise, which can be used by teachers during their classes;
- The third part presents the lesson plan, and it is supported by Quizzes, and Exemplary video materials and games to be used during classes;
- The Handbook is supported by interactive presentations in Canva, supporting teachers in their daily activity.

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At the end of the lesson pupils should acquire the knowledge, skills, and competencies on the sustainable initiatives supporting fight with excessive trash production, green skills related to food saving, composting, and social community skills.



THEORETICAL PART

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LOCAL INITIATIVES TO HELP FIGHT TRASH PRODUCTION LOCALLY

Local efforts are essential in reducing the amount of waste produced in communities. They not only draw attention to the problem but also put practical solutions into practice to cut down on waste production.

Here are a few examples of how local initiatives have made a difference:

Zero waste communities

A zero waste strategy has been implemented by several towns and communities with the goal of reducing trash production and increasing recycling and composting. They have implemented policies including recycling drives, composting encouragement, and the promotion of reusable bags. For example, Slovenia's Ljubljana has put in place an effective waste management system that promotes composting and recycling.

Zero waste shops, where consumers may purchase goods in bulk and bring their own containers, are popping up in many European towns. This reduces the amount of packaging trash generated. "Original Unverpackt" in Berlin, Germany, and "La Bulk" in Paris, France, can be a good example of this initiative.

Plastic-free campaigns

There are initiatives working in many towns to cut back on single-use plastics. For example, many towns have imposed fees or bans on the use of plastic bags. Some encourage people to use reusable coffee cups, water bottles, and straws and offer free or inexpensive refill stations.

A number of cities in Europe have implemented plastic-free shopping initiatives. To help local companies make the switch, 'Plastic Free Chesterfield' in the UK provides materials and support. The initiative encourages businesses to limit their plastic use.

An international project called "Precious Plastic" promotes the creation of local community workspaces where people may learn how to recycle plastic trash

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into new items. These workplaces are located in several European locations, including Eindhoven, Netherlands, and Barcelona, Spain.



[\(201\) Precious Plastic Lab \(school edition\) by Athens Makerspace - YouTube](#)

Plastic-free schools

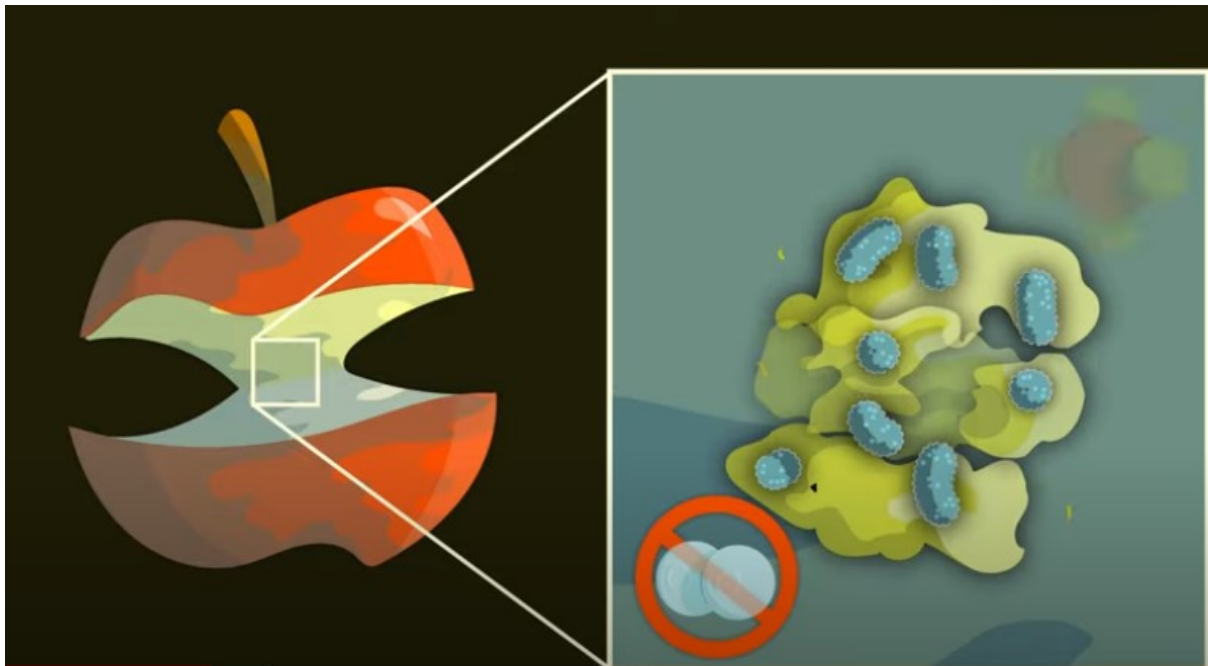
Reusable lunch containers and water bottles are two examples of alternatives to single-use plastics that are being promoted by certain local campaigns aimed at making schools plastic-free. They also motivate children to take action by teaching them about the negative effects that plastic trash has on the ecosystem.

Community composting

Community composting programs have been formed by local efforts, allowing residents to drop off their organic waste to be composted. By doing this, less garbage ends up in landfills and more nutrient-rich compost that may be utilized for landscaping or gardening is produced.

Local parks and gardens can use the compost that is produced as a consequence. "CompostNow" in Bristol, UK, and "Compostiere di Quartiere" in Milan, Italy are two examples.

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[\(201\) Why is Composting Good for the Environment? - YouTube](#)

Repair and reuse centers, Repair Cafés

Reuse and repair centers have been established by communities where people may bring in damaged devices, furniture, or clothing. They may be repaired by skilled volunteers, which increases their longevity and lowers the need for new purchases. By encouraging reuse and repair, this program lessens the need for new goods. Repair Cafés are present in several European towns, including Edinburgh, Scotland, and Amsterdam, Netherlands.

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[\(200\) Reduce, Reuse, Recycle! - YouTube](#)

Circular Economy Projects

The circular economy has gained popularity in many European towns as a method of reducing waste and optimizing resource utilization. For example, the German "Circular Berlin" project links companies, groups, and individuals that are committed to sustainable solutions in order to promote the ideas of the circular economy.

Food waste reduction

By setting up food sharing programs, where extra food from grocery shops and restaurants is given to people in need, local organizations reduce food waste. Additionally, they teach the locals how to plan their meals, store food properly, and compost food wastes. Across Europe, there is a growing trend of foodsharing projects. By facilitating the distribution of excess food from businesses and people to those in need, these initiatives seek to decrease food waste. "Foodsharing Berlin" in Germany and "Olio" in the UK are two examples.

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Community cleanups

Local efforts conduct regular community cleanups to clear rubbish from public areas and spread awareness of the value of maintaining a clean environment. Volunteers and local businesses participate in these activities often, promoting a sense of community duty.



[\(201\) Plastic bottle deposit scheme could boost recycling: Sky Ocean Rescue - YouTube](#)

Bottle return programs

Residents can return empty bottles and cans for a refund through bottle return programmes in some cities. This reduces littering and promotes recycling.

Upcycling and creative reuse centers

Upcycling and creative reuse centers are established locally, allowing people to give discarded items like glass, wood, and textiles. After that, these materials

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are recycled into new goods or used for artistic projects, which lowers waste and promotes creativity.

E-waste recycling programs

Consumers may properly dispose of their electronic gadgets through the establishment of e-waste recycling programs by local initiatives. By doing this, valuable resources discovered in electronic trash are encouraged to be recycled and dangerous items are kept out of landfills.

"Clothing Swaps"

Events and programs that exchange clothing are growing in popularity throughout Europe. By enabling individuals to trade unwanted clothing, these events encourage reuse and lower the amount of textile waste produced. The two examples include "Kleidertausch" in Vienna, Austria, and "Swap Shop" in London, United Kingdom.

Green business certifications

Businesses in the area that achieve certain sustainability requirements can apply for green business certificates from certain communities. These certifications encourage companies to embrace environmentally conscious activities, such cutting back on packaging waste, starting recycling initiatives, or using energy-saving equipment.



[\(201\) Community Gardens: Different Types - YouTube](#)

Community gardens and farmers markets

Community gardens and farmers markets, which promote sustainable agriculture and lessen the packaging waste associated with imported products, are supported by community groups. These programs lessen the environmental effect of food production and transportation by encouraging locals to grow their own food or buy locally grown vegetables.

Community education and workshops

Local organizations offer workshops and educational activities to inform people about composting, recycling, and trash reduction. These programs offer useful advice and materials to support the residents of making sustainable decisions on a daily basis.

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[\(201\) How to Make Events More Sustainable - YouTube](#)

Sustainable event planning

In order to encourage sustainable practices at festivals, conferences, and community events, local initiatives collaborate with event organizers. This involves setting up recycling stations, promoting the use of reusable dishes and cups, and cutting down on food waste.

These local initiatives are not exclusive to any one nation or area. Internationally acclaimed programs such as the Great British Spring Clean in the UK and Coastal Cleanup Day, which happens in many places throughout the world, involve volunteers clearing rubbish from public areas and beaches to emphasize the need of environmental stewardship and teamwork.

By presenting these local initiative examples, it is made clear that communities all around the world may embrace sustainable practices and waste reduction. In addition to protecting the environment, these activities promote civic pride, community involvement, and a shared commitment to creating a more

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sustainable future. At the local level, we can work together to make a big difference in protecting our world for future generations.

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PRACTICAL PART

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ECOLOGICAL LOCAL INITIATIVE FOR PUPILS BASED ON STORY TELLING

Penrith Town, England



[Penrith - Google Maps](#)

In Cumbria, Westmorland and Furness, Penrith is a market town and civil parish in England. Less than 5 kilometers separate it from the Lake District National Park. It is located close north of the River Lowther, between the Rivers Petteril and Eamont.

One of the Penrith Community Plan's aims is: ***"We care about our environment."***

This result aims to lessen the effects of climate change, promote sustainable living, and preserve and improve the natural environment. The following are a few ecological activities that are connected to this result:

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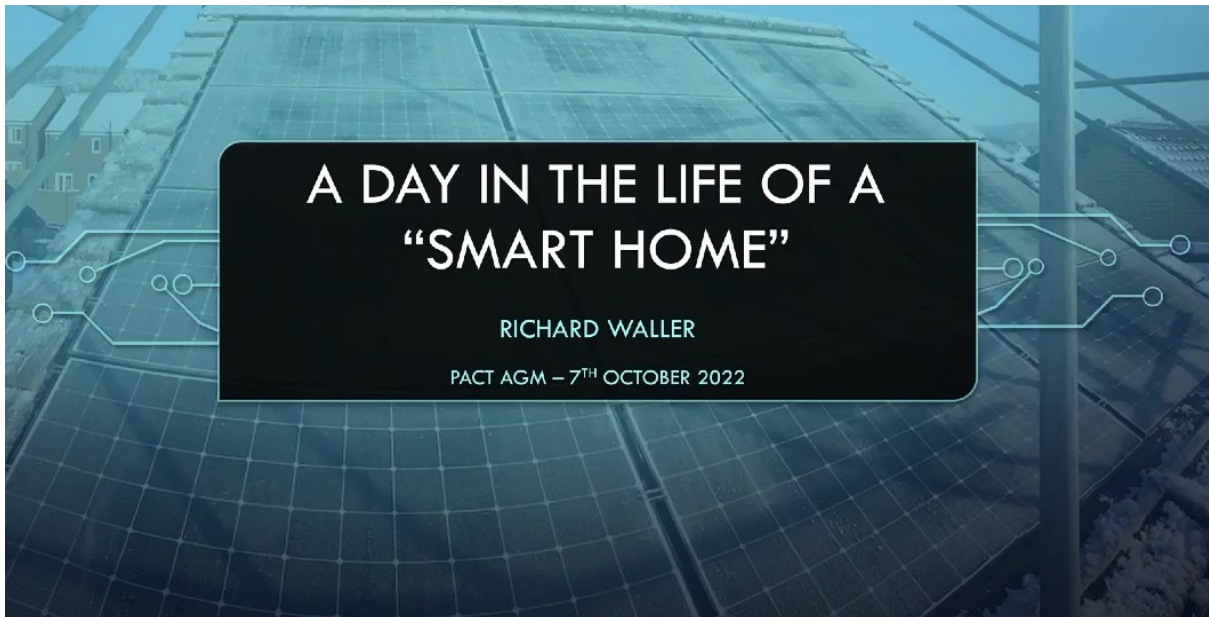
The Zero Carbon Cumbria Partnership has the Town Council as a member. October 2019 was the formal start of this project. The goal of the Zero Carbon Cumbria Partnership is to get Penrith and the county of Cumbria to net-zero carbon emissions. To combat climate change and make the transition to a low-carbon future, a number of businesses, organizations, and communities are cooperating.

The primary goal of the partnership is to achieve net-zero carbon emissions by 2037, which is thirteen years ahead of the national target set by the UK government. Its goal is to lower greenhouse gas emissions from all industries, including waste, transportation, energy, and agriculture.

Penrith Action for Community Transition, or PACT, was the catalyst for the city's initial ecological initiatives. PACT began as a grassroots, unofficial group in 2008 with the goal of creating community-based solutions to the problems associated with peak oil, climate change, and economic sustainability. "Penrith Action for Community Transition Limited" obtained its Community Benefit Society registration in 2013.

PACT is a sustainability organization dedicated to lowering carbon emissions, improving climate change resilience, reducing dependence on fossil fuels, and reviving biodiversity in regions that have lost it. PACT is made up of passionate volunteers that care about environmental concerns both locally and globally.

As the climate and biodiversity problems have worsened over the years, PACT has gained a reputation as a platform for successful local action. It is also one of eleven front-line "delivery partners" in the Zero Carbon Cumbria project (2021-2025).



[\(201\) Day in the life of a smart home \(PACT AGM 2022\) - YouTube](#)

PACT's main goals in the village are trash reduction and sustainability promotion. Among their main goals is the creation of a local food-sharing program. Residents can donate extra produce from their gardens or allotments through this program, and the donated food is subsequently distributed to other members of the community. This minimizes food waste and promotes a spirit of cooperation and community.

Grow local eat local

Through a collaboration with local shops, this community-based project aims to cut food transportation, increase plant-based food production in Cumbria, and use agro-forestry to offset the carbon footprint of local distribution. The initiative aims to diversify agricultural activities and generate profits by helping to establish a cooperative that brings together farmers who grow fruit, vegetables and cereals for local people. This project will be handled by the Vista Veg cooperative, based in Eden.

Communities and businesses will collaborate to design low-carbon menus and exchange best practices through the development of a low-carbon food

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network, which may lead to the creation of a Cumbrian Low Carbon Food Charter. To support the food industry in exchanging experiences and learning more about the carbon footprint of food and ways to minimize it, an online Low Carbon Food toolkit will be developed. The initiative will also stimulate local action by educating the public and communities about low-carbon food. It will be connected to both the Youth Climate Action Programme and the Grow Local Eat Local initiative.

Repair Cafés

Repair Cafés are another initiative of PACT that allows locals to bring in damaged or broken goods, such clothing or small electronics, to have them repaired rather being thrown away. Volunteers with expertise in fixing these things provide their skills, extending their longevity and lowering the need for replacements.



Penrith and Eden District Freegle



Kirkby Stephen Repair Cafés in 2018

Submitted by chris on Wed, 03/01/2018 - 16:23



2018 DATES -

WED 10 JANUARY

WED 4 JULY

WED 7 FEBRUARY

(NO AUGUST REPAIR CAFÉ)

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Repair Café uses skilled volunteers to fix common home objects, reducing the amount of garbage that ends up in landfills and saving money and resources. They have a helpful group of do-it-yourselfers and sewing experts available to handle your repairs. You are welcome to bring any clean clothing, electronics, jewelry, toys, compact furniture, etc. While all repairs are free, contributions are accepted to support the running costs of the repair café.

More Repair Cafés will be opened so that more individuals may get damaged goods restored by community volunteers at no cost to them.

Studies of various repair café systems, including methods for documenting the carbon savings, will be conducted. It will help new groups establish repair cafés in their communities. To assist individuals in getting things fixed outside of repair cafés, a directory of repairers will be created. Simply Repair South Lakes will handle this project.

The concept is also being used in other cities, including Amsterdam, for instance.



[\(201\) earthrise - Repair Cafe - YouTube](#)

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Grow-your-own

Additionally, PACT encourages individuals to grow their own food in communal gardens, on window sills, or in their own backyards. This initiative intends to assist Eden District residents in producing their own food by supporting them in freely donating unwanted seeds, plants, trees, and excess product to others. Users will be able to join, offer, and request things in a garden category using the online service. You can place a free "wanted" ad on partner's website to request what you need to help you grow and develop.

For gardening supplies, the Penrith & Eden District Freegle group has a dedicated 'Grow Your Own' category. Everything on it is free, and it is free to use.

Freegle is a terrific method to find someone a new home for items they no longer need. Compost, plant pots, garden shredders, seed pots, and other gardening supplies are all exchanged on Freegle. To begin using Freegle, just sign up for the local group online and begin publishing your own "wanted" or "offered" advertisements.

Another PACT's idea is to arrange for "Free advice." You have access to "Edible Gardens." One way to see fruit and vegetable cultivation is through the Visiting Edible Gardens (VEG) program. Attend these free events to witness personally how you might produce your own food, no matter how tiny, in containers or on your lawn by seeing an Eden garden or vegetable patch.

Bring and take events

PACT also organizes "bring and take" events all year round in different locations of Eden, where you can come by and get free plants, seeds, and tools, or you may donate any that you don't need. By offering instructional materials and planning seminars on composting, recycling, and sustainable living techniques, PACT also actively encourages recycling and waste reduction.

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Gardens

Many edible and bee-friendly gardens, the majority of which you are permitted to harvest, are being created and maintained by locals around Penrith and Eden District. What they plant can be reaped.



Sheila MacDonald holding the RHS 'It's Your Neighbourhood' Level 4 Certificate with some of the volunteers at the Stricklandgate Community Fruit Garden on Sunday 8/9/13 giving away over 200 strawberry plants, rhubarb, cooking apples and tulip bulbs.

[Eden Edibles | PACT \(penrithact.org.uk\)](http://penrithact.org.uk)



[\(201\) How to Grow Your Own Fruit and Veg - Freegle Training Day - YouTube](https://www.youtube.com/watch?v=201)

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Ranger Guides at Stricklandgate Community Garden



[\(201\) Community Gardening in Penrith - YouTube](#)

Plastic Clever Penrith

PACT also collaborate with other Penrith organizations on a new effort called Plastic Clever Penrith, which aims to provide a coordinated local response to the increasing awareness of the actual damage caused by wasted plastic.

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Penrith has been the first town to launch a new Refill plan, and other communities in Eden and around Cumbria are following suit. The concept is that over twenty stores, cafés, and other businesses in the town center are now offering water bottle refills using tap water.

They have also been drawing attention to the issues brought on by single-use plastic, such as the harm it does to the environment when it ends up in the ocean.



<https://www.penrithact.org.uk/plastics>

A campaign to cut down on single-use plastic has been launched by PACT. Consequently, PACT thinks it's critical to collaborate with shops and supply chains to develop other means of getting items to consumers. This will give them a lot more options and make the non-plastic option the standard on our streets. Currently, a number of stores and businesses provide free tap water refills to customers who bring reusable bottles.

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PACT and other community organizations, such as the Penrith Town Council, Penrith Chamber of Trade, and Business Improvement District (BID), which collectively represent the majority of Penrith's town center businesses and stores, have partnered to create Plastic Clever Penrith. Carlisle City Council, Eden District Council, and Cumbria Action for Sustainability (CAfS) are further project partners.



[Plastic Clever Penrith | PACT \(penrithact.org.uk\)](https://penrithact.org.uk)

Initially, a basic survey will be conducted by group volunteers to stores and companies in the town center. The objective is to measure the amount of common single-use plastics now being used in Penrith and to start a conversation about how to cut back or possibly do away with them.

By exchanging experiences from stores and companies that are currently addressing this important problem, it will also help in the promotion of best practices for environmentally friendly substitutes.

The fact that town center stores are now providing plastic-free options gives PACT a lot of optimism since it means they can now purchase a greater variety of locally produced food, beverages, and toiletries in very little or no packaging.

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Their aim is for other retailers to join them in ditching unnecessary single-use plastic, encouraged by consumers who are actively seeking more environmentally friendly products.

The results of the Plastic Clever Penrith survey will then serve as a catalyst for initiatives that will help Penrith companies and eventually locals drastically cut back on their consumption of single-use, throwaway plastic.



Penrith a carbon neutral town

Penrith Town Council declared a climate emergency as a result of realizing the severity of the situation and the necessity for immediate local action. A draft Penrith Neighbourhood Development Plan (PNDP) has also been created by the Council in response. Sustainability is promoted by the policies that have outlined the strategy. Once authorized, the PNDP would be legally enforceable. The Penrith Town Council has decided to fund and support a high street community hub as part of the project.

A hub will provide helpful guidance and assistance with tasks like household adaptations, fixing goods, and advise on making adjustments at home. It will

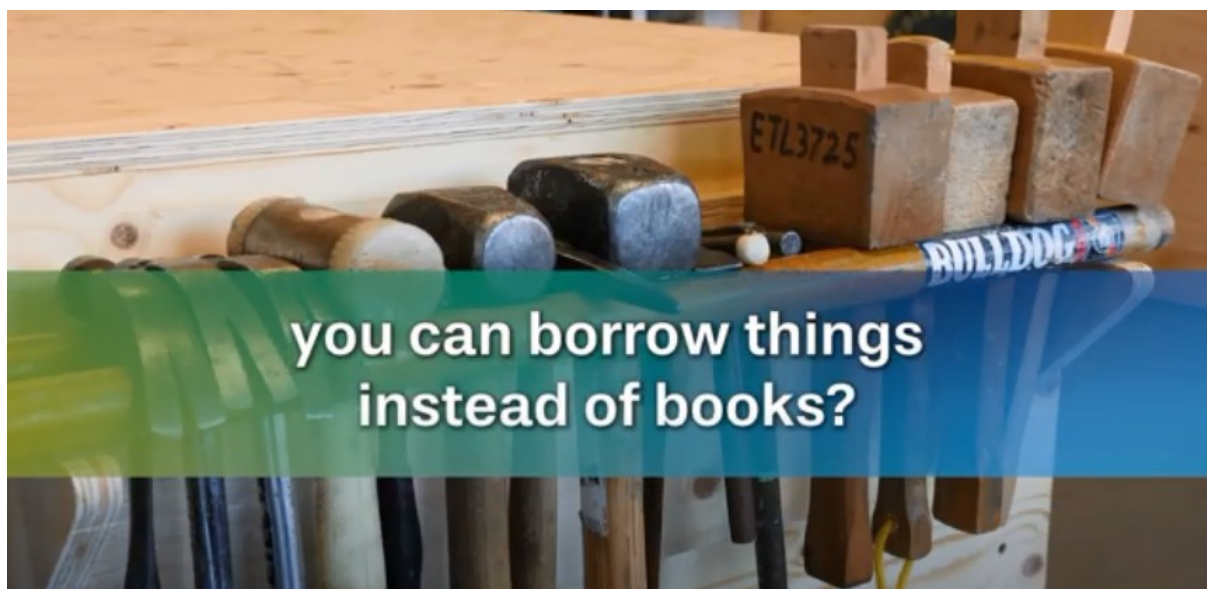
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serve as a welcoming center for communal cooking, dining, sharing, and gardening.

Eventually a center will serve as the operational foundation for other initiatives, including:

The COMMUNITY FRIDGE

At the Community Fridge, volunteers collect food from nearby stores and food outlets, which is then open for anybody to take and use.



[\(201\) What is a Sharing Library? - YouTube](#)

The SHARING LIBRARY

A Share Library of Things (LoT) promotes less waste and saves money, space, and the environment by allowing individuals to borrow rather than buy products that are only seldom or occasionally required, such as DIY tools, sports and recreation equipment, and household and kitchen supplies. Many individuals lack the financial means to obtain the "things" that would enhance their lives, their personal environments, the ability to maintain, repair, or

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repurpose the items they already own, or the opportunity to learn or practice desired skills.



[\(201\) Community Swap N Shop | UK - YouTube](#)

The SWAP SHOP

Exchange clothing, jackets, jewelry, scarves, caps, and fancy dress items. A cost-effective method of purchasing an entire new outfit. 30% of the clothing in our wardrobes hasn't been worn in a year, and the average UK household has about £4,000 worth of clothes. It benefits the ecosystem. According to LoveYourClothes.org.uk, an estimated £140 million, or over 350,000 tones, of old clothing are disposed of in landfills in the UK annually. Establish an upcycling craft center where people may collaborate in recycling old clothing.

The GREEN DIRECTORY

The Penrith Green Directory includes local businesses, associations, and clubs that may assist with eco-friendly home and lifestyle improvements, as well as events, activities, volunteering opportunities, and local green initiatives.

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Planning investing in the young generation

A youth climate leadership support program will be implemented in Cumbria to enable and educate the region's young people to speak up, influence decision-makers, and take action. There will be a variety of interesting opportunities for youth to impact and carry out climate action in the county, developed in collaboration with them. This could involve programs like Youth Voice, which teaches advocacy and public speaking skills as well as the process of decision-making; Youth Climate Councils; Youth Climate Summits; Youth Climate Reporters, which promotes youth citizen journalism; and a series of school events that includes carbon literacy training.

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EXEMPLARY LESSON PLAN

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LESSON: INITIATIVES TO REDUCE TRASH LOCALLY

Objective:

To educate children about local initiatives aimed at reducing trash in their community and encourage them to actively participate in these initiatives.

Materials for the teacher:

1. Laptop or projector for multimedia presentations
2. Whiteboard or flip chart with markers
3. Printed handouts and worksheets
4. Images and videos showcasing local initiatives

Lesson plan:

Introduction:

1. Begin the lesson by asking the students about their understanding of trash and its impact on the environment.
2. Share some alarming statistics about the amount of trash generated in their community and its consequences.



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(201) 5 Ways Waste Can Impact Our Environment - YouTube

3. Explain the importance of reducing, reusing, and recycling to minimize waste.



(201) Composting for Kids - YouTube

Local initiatives:



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(201) Kids Take Action Against Ocean Plastic | Short Film Showcase - YouTube

1. Present a multimedia presentation or showcase images and videos illustrating various local initiatives focused on reducing trash.
2. Discuss different initiatives such as community clean-up drives, recycling programs, composting projects, and plastic-free campaigns.
3. Highlight the positive impact these initiatives have had on the community and the environment.
4. Encourage students to brainstorm their own ideas for local initiatives to reduce trash.

Case study:

1. Share a case study of a successful local initiative that has effectively reduced trash in the community.
2. Discuss the steps taken, challenges faced, and the overall outcome of the initiative.
3. Engage students in a discussion about the importance of community involvement and collaboration in such initiatives.

Hands-on activity:

1. Divide the students into small groups.
2. Provide each group with printed handouts and worksheets related to waste reduction.
3. Ask the students to discuss and come up with practical ideas to reduce trash within their school or neighborhood.
4. Encourage creativity and critical thinking while brainstorming solutions.
5. Each group will present their ideas to the class.

Conclusion:

1. Summarize the key points discussed during the lesson.
2. Emphasize the importance of taking action and actively participating in local

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initiatives to reduce trash.

3. Encourage students to spread awareness among their family and friends about the importance of waste reduction.

Optional extension activities:

1. Organize a field trip to a local recycling center or waste management facility.
2. Invite a guest speaker from a local initiative or environmental organization to share their experiences and insights.
3. Conduct a waste audit within the school premises, involving students in categorizing and weighing different types of waste.

Note: The duration of each section can be adjusted based on the available time.

Additional activities:

Reusing plastic or paper garbage

Objective: To teach children creative ways to reuse plastic or paper garbage and encourage them to reduce waste.

Materials:

- Plastic or paper garbage items (e.g., plastic bottles, cardboard boxes, plastic bags)
- Scissors
- Glue or tape
- Markers or colored pencils
- Craft materials (optional)
- Safety gloves (if needed)

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Instructions:

1. Upcycled planters:

Materials: Plastic bottles, scissors, markers, soil, small plants or seeds

Procedure:

- Cut the plastic bottles in half, making sure to keep the bottom part intact.
- Decorate the bottles using markers or colored pencils.
- Fill the bottom part of the bottle with soil.
- Plant a small plant or sow seeds in the soil.
- Water the plant and place it in a sunny area.
- Discuss the importance of reusing plastic bottles and how they can be transformed into useful planters.

2. Cardboard box organizer:

Materials: Cardboard boxes, scissors, glue or tape, markers

Procedure:

- Take a cardboard box and cut off the top flaps.
- Decorate the box using markers or colored pencils.
- Cut smaller pieces of cardboard to create dividers inside the box.
- Glue or tape the dividers in place to create sections for organizing items.
- Use the organizer to store stationery, small toys, or other items.
- Discuss the significance of reusing cardboard boxes and how they can help keep things organized while reducing waste.

Note: Ensure the safety of children during these activities. Adult supervision may be required, especially when handling scissors or other potentially sharp objects.

Conclusion:

After completing these activities, discuss with children the importance of reusing plastic or paper garbage to reduce waste and protect the environment. Encourage them to think creatively and find more ways to repurpose materials in their daily lives.

QUIZ: HOW TO REDUCE WASTE

Instructions: Answer the following questions by selecting the correct option.

1. What is the 3R approach to waste reduction?
 - a) Reduce, Reuse, Recycle
 - b) Replant, Restore, Recycle
 - c) Refill, Reuse, Reduce

2. Which of the following is an example of waste reduction?
 - a) Buying single-use plastic water bottles
 - b) Using a reusable water bottle
 - c) Throwing away food leftovers

3. What is composting?
 - a) Recycling paper and plastic
 - b) Turning organic waste into nutrient-rich soil
 - c) Reusing old clothes and toys

4. How can we reduce waste while shopping?
 - a) Buying products with excessive packaging
 - b) Bringing reusable shopping bags
 - c) Buying single-use plastic items

5. What is the best way to reduce paper waste?
 - a) Printing documents on both sides of the paper
 - b) Throwing away paper after single use

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- c) Using new paper for every document
6. How can we reduce food waste?
- a) Buying more food than needed
 - b) Donating excess food to food banks
 - c) Throwing away food leftovers
7. What are the benefits of recycling?
- a) Reducing pollution and conserving resources
 - b) Increasing waste generation
 - c) Saving money on new products
8. What should we do with electronic waste (e-waste)?
- a) Throw it in the regular trash bin
 - b) Recycle it at designated e-waste collection points
 - c) Donate it to charity
9. Which of the following materials is recyclable?
- a) Plastic bottles
 - b) Styrofoam cups
 - c) Broken glass
10. How can we reduce plastic waste?
- a) Using reusable shopping bags and water bottles
 - b) Buying single-use plastic items
 - c) Throwing plastic waste in regular trash bins

Answers:

- 1. a) Reduce, Reuse, Recycle
- 2. b) Using a reusable water bottle

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3. b) Turning organic waste into nutrient-rich soil
4. b) Bringing reusable shopping bags
5. a) Printing documents on both sides of the paper
6. b) Donating excess food to food banks
7. a) Reducing pollution and conserving resources
8. b) Recycle it at designated e-waste collection points
9. a) Plastic bottles
10. a) Using reusable shopping bags and water bottles

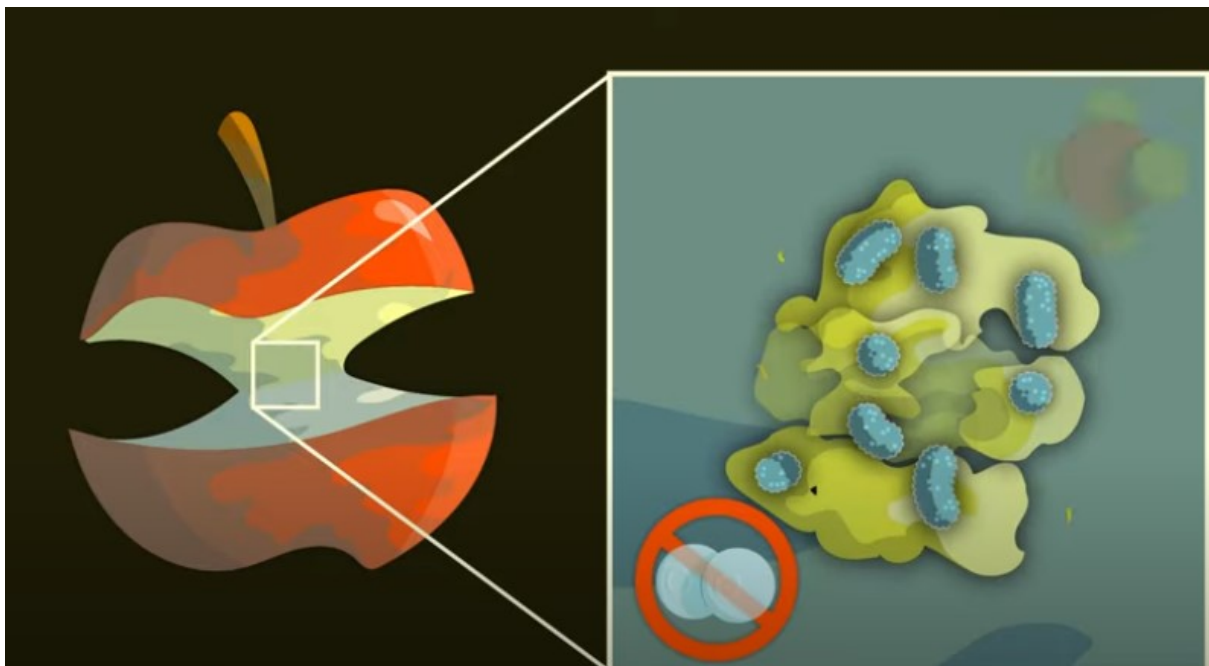


ADDITIONAL VIDEOS AND GAMES

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[\(201\) Precious Plastic Lab \(school edition\) by Athens Makerspace - YouTube](#)



[\(201\) Why is Composting Good for the Environment? - YouTube](#)

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[\(200\) Reduce, Reuse, Recycle! - YouTube](#)

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[\(201\) Plastic bottle deposit scheme could boost recycling: Sky Ocean Rescue - YouTube](#)

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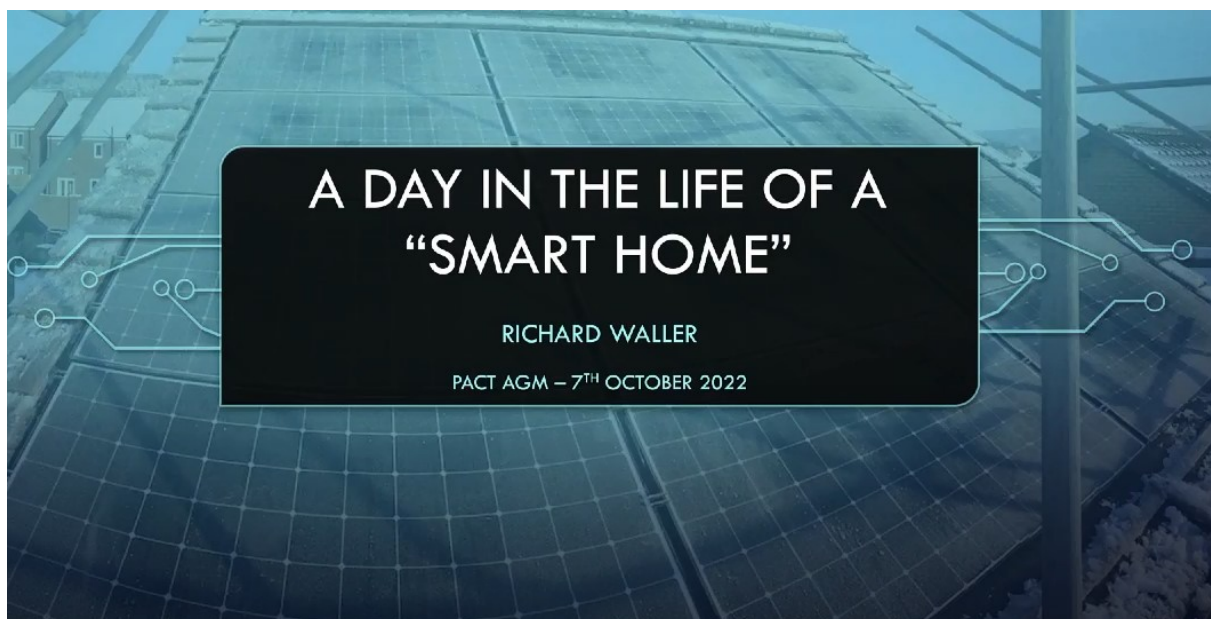


[\(201\) Community Gardens: Different Types - YouTube](#)

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[\(201\) How to Make Events More Sustainable - YouTube](#)



[\(201\) Day in the life of a smart home \(PACT AGM 2022\) - YouTube](#)

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[\(201\) Food4All | Food banks and food sharing social network - YouTube](#)

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[\(201\) earthrise - Repair Cafe - YouTube](#)



[\(201\) Community Gardening in Penrith - YouTube](#)

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[\(201\) What is a Sharing Library? - YouTube](#)



[\(201\) Community Swap N Shop | UK - YouTube](#)

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<https://www.youtube.com/watch?v=Cti5HQZnTrQ>

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